

Sportsmanship

Motivation:

Promote and encourage sportsmanship amongst children during times of competition, giving them the tools to compete in a positive way.

Lesson Steps:

1. Ask students to define competition.
2. Discuss what it means to compete. Give examples of ways in which they may currently compete in Physical Education class, at recess or on a traveling team.
3. Ask students to define sportsmanship.
4. Discuss what it means to be a good sport. What does it look like when we consider someone a good sport? Present ways in which they can demonstrate good sportsmanship.
5. Ask for examples of times either they or someone else demonstrated good sportsmanship during competition.
6. Now discuss what it means to be a poor sport. What does it look like when we consider someone a poor sport?
7. Share examples of what it looks like to be a poor sport. If you have had a problem during recess or PE, now would be the time to bring up these situations or incidents (without bringing up names or pointing fingers) and discuss.
8. Use positive reinforcements. If you've seen kids demonstrating good sportsmanship, pat them on the back or use their name and example in front of the class.
9. After you have discussed sportsmanship and what it means to be a good or poor sport, split the class into appropriate groups. When they are in their groups, give them a slip of paper that says either good sport or bad sport. With this information, they are to design a situation demonstrating the particular side you gave them and are to act it out in front of the class. (You can also create beforehand situations for them and distribute.)
10. For example, if you have a group a bad sport slip of paper, then they might act out a kickball game, with several characters. One of those characters might have a temper tantrum, cheat, or bad attitude (or whatever it may be).
11. After the classes act out their situations, provide them with the following worksheet.

Name _____

Date _____

Sportsmanship Questions

1. Define competition:

2. What are ways in which you currently compete?

3. Define sportsmanship:

4. What does it mean if someone calls you a good sport?

5. When someone is a bad sport, how are they competing?

6. Name someone you've seen who has been a good sport. Why?

7. Give 2 examples of ways in which you can demonstrate good sportsmanship when competing.

Name _____

Date _____

Sportsmanship Answers

1. Define competition: **a contest between two rivals, individuals or teams**
2. What are ways in which you currently compete? **Answers will vary**
3. Define sportsmanship: **conduct (fairness, respect, etc.) when participating or competing in a sport**
4. What does it mean if someone calls you a good sport? **I may have been fair, respectful, gracious, and displayed a good attitude**
5. When someone is a bad sport, how are they competing? **They may cheat, swear, display a bad attitude, whine, complain, or show disrespect.**
6. Name someone you've seen who has been a good sport. Why? **Answers will vary.**
7. Give 2 examples of ways in which you, yourself, can demonstrate good sportsmanship when competing. **Answers will vary.**